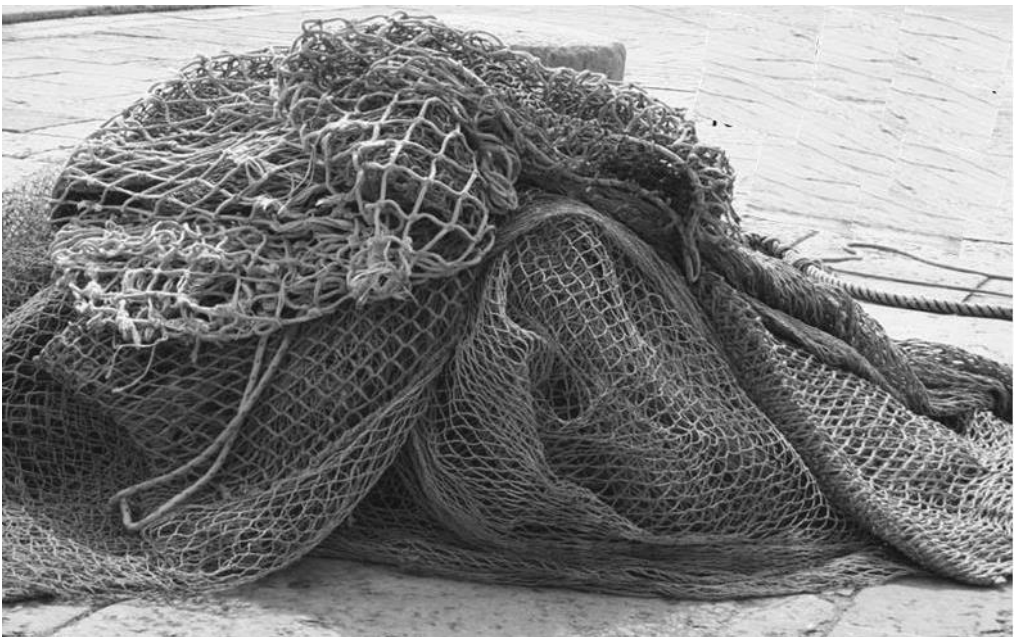


Reflection questions:

- Are you a disciple of Jesus Christ?
- What prevents us from following Jesus?
- What helps have you found to follow Jesus more closely?
- Is disciple a helpful word in our day and age or are there a more suitable words to describe our relationship with Jesus?



Thanks - Thank you for the kind Birthday wishes on my 90th. God Bless, Grace Martin

Employment - St Stephens are looking to employ a co-ordinator for their 'Ministry to Retirees'. This is a fixed term contract of up to 16 hours per week. Expressions of interest to St Stephens church office by Monday 17 February. Ph 546 4051

Convergence Camp - Friday 14 - Sunday 16 February at Bethany Camp Kaiteriteri. Camp sites only available. Registrations close tomorrow (Monday 10 February). Brochures at back of Church or call the office for more information.

Kidz Church - Back in the hall this Sunday 9 February, continuing with the healthy lifestyle theme we have been following during the holidays. We have looked at healthy food, healthy spirit (praying) and today we look at healthy body (exercising). On Sunday 16 February some of our people will be at Convergence at Bethany Camp, Kaiteriteri but provision will be made for Kidz Church kids.

Messy Church - We start Messy Church for the year at 4.00pm on Sunday 23 February and the theme is *Right place, Right time* - looking at the story of Esther.

For Men - Check what's going on under your bonnet. The Lions Clubs of Richmond and Nelson Host have arranged a Men's Health Seminar to be held at the Nelson Suburban Club on Wednesday 12 March 2014, starting at 7.30pm. Buck Shelford, undefeated All Black captain, will be the keynote speaker. The MC will be Jeff Rackley. Too many kiwi men do not have regular check-ups with their doctor. Andy Malcolm will speak on Prostate Cancer, Adrian Secker on Bowel Cancer and Glenis Bell and Bee Williamson on Heart & Diabetes. There will be opportunities to ask questions. Entrance fee for men is \$5 and ladies are free. At the end of the seminar Jeff will run a short auction of items kindly donated by local businesses. Monies raised will be donated to Prostate Foundation, Beat Bowel Cancer Aotearoa and Diabetes Nelson.



Bible Society News - Every year local Bible Society representatives organise and run the catering at the Wakefield fair in early January. This year \$1600 has been sent to Wellington to help continue the work of the printing and Distribution of Bibles.