

Reflection questions:

- How healthy are you; physically, emotionally, spiritually?
- In what areas of your life do you feel dry, hungry or dissatisfied?
- What harmful and helpful habits have you developed?
- What brings you well-being?
- How might you bless those who don't have enough to eat or who need companionship.



Good Friday Combined Churches Walk With The Cross

On Good Friday, 18 April, Christians around the world will commemorate the crucifixion of Jesus of Nazareth almost 2000 years ago. Locally at 11.00am the public are invited to participate in a short Richmond walk in which a wooden cross will be carried from outside the Wesley Centre (opposite TDC) to Holy Trinity Church grounds. A scripture reading, prayer and hymn will be presented at five points along the path.

This walk will re-enact in some small way the journey of Jesus to his crucifixion, and recall the injustice and pain inflicted on an innocent man who dared to challenge the secular and religious authorities of his day in the name of God's love for humanity.

